

School Clinic Emergency Policy

Hilde Arnold *Medical Director / School Nurse*

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1. Dubai Health Authority's regulations

In case your child requires emergency treatment, efforts will be made to contact the parent/guardian.

If contact is not possible, the school nurse or school doctor will administer appropriate emergency treatment and if needed an ambulance will be called to transfer the child to the hospital.

The school principal and health and safety committee will be informed.

Accident report will be submitting in the school health record after ambulance arrived.

2. Off-campus injuries and recurrent complaints

Injuries incurred after or before school hours and those incurred off the school campus will not be attended to at the school clinic. Parents will be notified and the recommended action advised.

Students often present themselves with the same complaints for several days.

We aim to provide the optimal care; however, it will be noted that we are not a referral center or a walk-in clinic. Children should be taken to their treating physician.

3. Communication in case of emergency

- calling for an ambulance – 999 - 998
- calling the parents

4. Emergency medication

Emergency medication is stored in the school clinic.

- School nurse/ School doctor administer the emergency medication and emergency treatment.
- School nurse, school doctor stays with the child until Ambulance is arrived.

School psychologist is supporting the children witnessing the incident.

Emergency medication must always be readily accessible.

Parents' consent for emergency treatment is in the document of medical record, which is mandatory for the parent to provide every school year and update regularly.

Children who are at risk of prolonged seizures, anaphylaxis, asthma, etc. with prescribed emergency medication have an individual health care plan in their school health record.

If a child needs emergency medication, a doctor's prescription needs to be obtained and written request should be filled from parent/guardian for administration of medication in the school in case of emergency.

Emergency Medications has to be given and be delivered by the parent/guardian to the school clinic as EpiPen, Asthma Spray, Antihistamine.

Medications must be sent in their original packaging and should be clearly labeled with the student's name, required dose, timing and route of administration and duration, and the medication will be recorded in the student's health file.

If a medication has been administered in the morning, a note should be sent to the clinic.

5. EpiPen

A copy of the child's individual management plan/authorization form should be kept with the medication and should include clear precise details of the action to be taken in an emergency. Parents/carers should ensure that dosage requirements are regularly updated and new, dated instructions issued to the school when necessary.

6. Diabetes

Children who have diabetes must have an emergency supplies kit available at all times.

This kit should include a quick acting glucose in the form of glucose sweets or drinks. Most children will also have a concentrated glucose gel preparation e.g. Glucogel. These are used to treat low blood sugar levels (hypoglycaemia). The kit should also contain a form of longer acting carbohydrate such as biscuits.

7. Automated External Defibrillator (AED)

An AED is placed close to the reception. AEDs should be accessible to all personnel at all times.

Teachers are AED trained and have Basic life support certificate.

Training for staff and professionals is the best chance for survival for a sudden cardiac arrest victim.

8. Emergency Equipment of school clinic

- Transportable stretcher
- Portable Oxygen
- CPR Breathing Mask
- Ambu bag for children's and adult - Manual Resuscitator, Respiratory Balloon
- Oropharyngeal Airways for all Ages
- Emergency Bag ready all the time.
- Wheel chair
- Emergency Medication regarding to the Dubai Health Authority's regulations