

Dear parents, dear students

As you have probably already seen in the media, the time has finally come again::

The [Dubai Fitness Challenge 2021](#) kicks off this week!

We have registered DISD and would love to have everyone in the school community support us athletically.

Starting Friday, October 29, 2021, we can all be active and compete for our DISD for 30 days of 30 minutes each.

Until November 27, 2021, the goal is to take care of your daily amount of exercise while getting fitter and competing with other schools at the same time.

The more who participate, the better!

Who can participate for DISD?

1. Students and their parents
2. DISD Employees

How do I participate in the Challenge?

1. Download the free app Steppi on your cell phone (STEPPI | GET ACTIVE WITH STEPPI | Stay fit and earn rewards for your fitness routine)
2. Sign up or log in if you already have an account.
3. Click on the Dubai Fitness Challenge window on the app's home page.
4. Select "DFC 30x30 School Challenge" under "Education" and enter the following school code
school's own code: **fH19c9** (the third character is a small "L").

[Here you can find a video with more information about the app STEPPI.](#)

In the next few days we will also post and distribute more information material about the challenge in the school building and in the classes.

If you have any further questions, please send us an email at:

cca.coordinator@germanschool.ae

And now we wish everyone lots of fun and enjoyment with all the sporting activities.

Mit freundlichen Grüßen / Kind regards

Karl Habermann & André Bautz
CCA Coordinators
Teachers of Sports