

MARCH  
Menu  
week 1

CHOOSE ONE MAIN - VEGETARIAN OPTION AVAILABLE

Thursday

01/03/2018

STARTER  
SWEET POTATO SOUP

MAIN 1  
BRATWURST  
ROLL WITH  
ROAST POTATO

MAIN 2   
EGG & PINEAPPLE  
FRIED RICE

DESSERT  
MARBEL COOKIES

MARCH  
**Menu**  
week 2

CHOOSE ONE MAIN - VEGETARIAN OPTION AVAILABLE

## Sunday

04/03/2018

STARTER  
LENTIL SOUP

MAIN 1  
BEEF BURGER  
WITH ROAST  
POTATO

MAIN 2   
BROCCALI  
PARMESAN  
RISSOTO

DESSERT  
VANILLA MUFFIENS

## Monday

05/03/2018

STARTER  
MINI PREZEL

MAIN 1  
PASTA WITH  
TOAMATO  
CREAM SAUCE

MAIN 2   
TOMATO &  
GARDEN PEA  
RISSOTO

DESSERT  
APPLE CRUMBEL

## Tuesday

06/03/2018

STARTER  
GREEN SALAD

MAIN 1  
CHICKEN  
STIR FRY WITH  
VEGETABLES  
AND RICE

MAIN 2   
CORN AND  
TOMATO PIZZA

DESSERT  
FRESH FRUIT SALAD

## Wednesday

07/03/2018

STARTER  
CUCUMBER SALAD

MAIN 1  
BEEF MEAT IN  
GRAVY SAUCE  
WITH BASMATI  
RICE

MAIN 2   
PASTA WITH  
VEGETABLE IN  
TOMATO CREAM  
SAUCE


DESSERT  
FRUIT YOGURT

## Thursday

08/03/2018

STARTER  
VEGETABLE SOUP

MAIN 1  
VEGETABLE  
PIZZA

MAIN 2   
QUINOA &  
VEGETABLE IN  
TOMATO SAUCE

DESSERT  
STRAWBERRY SWISS ROLL

MARCH  
**Menu**  
week 3

CHOOSE ONE MAIN - VEGETARIAN OPTION AVAILABLE

## Sunday

11/03/2018

STARTER  
LENTIL SOUP

MAIN 1  
CHICKEN  
SAUSAGE  
WITH CURRY  
SAUCE &  
ROAST POTATO

MAIN 2   
MARGARITA  
PIZZA

DESSERT  
BANANA CAKE

## Monday

12/03/2018

STARTER  
POTATO SALAD

MAIN 1  
PASTA WITH  
BEEF SAUCE

MAIN 2   
PASTA WITH  
TOMATO  
CREAM SAUCE

DESSERT  
APPLE CRUMBEL

## Tuesday

13/03/2018

STARTER  
COLESLAW SALAD

MAIN 1  
CHICKEN  
AND  
VEGETABLE  
SOUP

MAIN 2   
CORN AND  
TOMATO PIZZA

DESSERT  
VANILLA MUFFINS

## Wednesday

14/03/2018

STARTER  
GREEN SALAD

MAIN 1  
BEEF GOULASH  
WITH STEAM  
RICE

MAIN 2   
FUSILI PASTA  
WITH TOMATO  
SAUCE


DESSERT  
FRESH FRUIT SLICE

## Thursday

15/03/2018

STARTER  
POTATO SOUP

MAIN 1  
CORN &  
TOMATO  
PIZZA

MAIN 2   
QUINOA AND  
LENTIL WITH  
VEGETABLE IN  
COCONUT OIL

DESSERT  
VANILLA CAKE

MARCH  
**Menu**  
 week 4

CHOOSE ONE MAIN - VEGETARIAN OPTION AVAILABLE

Sunday

18/03/2018

**STARTER**  
TOMATO BRUSCHETTA

**MAIN 1**  
PAPRIKA BUTTER CHICKEN & RICE

**MAIN 2**   
PASTA WITH TOMATO CREAM SAUCE

**DESSERT**  
MARBEL COOKIES

Monday

19/03/2018

**STARTER**  
POTATO CAKE WITH TOMATO SAUCE

**MAIN 1**  
CORN AND TOMATO PIZZA

**MAIN 2**   
VEGETABLE LASAGNA

**DESSERT**  
FRESH BANANA

Tuesday

20/03/2018

**STARTER**  
COLESLAW SALAD

**MAIN 1**  
CHICKEN SAUSAGE WITH CURRY SAUCE & BREAD ROLL

**MAIN 2**   
CORN AND TOMATO PIZZA

**DESSERT**  
FRESH FRUIT SLICE

Wednesday

21/03/2018

**STARTER**  
TOMATO SALAD

**MAIN 1**  
SEAFOOD PIZZA

**MAIN 2**   
FUSILLI PASTA WITH PROVENCAL SAUCE

**DESSERT**  
VANILLA SWISS ROLL

Thursday

22/03/2018

**STARTER**  
MINI PREZEL

**MAIN 1**  
BEEF & PINEAPPLE IN BARBIQUE SAUCE & RICE

**MAIN 2**   
QUINOA, CARROT & POTATO IN TOMATO BASE

**DESSERT**  
DATE CAKE SLICE